

## JOE 2025 Information Packet for **Tree Top Adventure at Skytop Lodge**

<b>Day:</b> Sunday	<b>Start Time:</b> 8:30 am	<b>End Time:</b> 4:30 pm
<b>Co-Leader:</b>	<b>Co-Leader:</b>	<b>Limit:</b> 15 people
<b>Transportation:</b> Car or Van	<b>Driver:</b>	<b>Radios:</b> 0 / <b>First Aid Kit:</b> 1
<b>Fee:</b> \$83	<b>Travel Distance:</b> 35 Miles One Way	<b>Travel Time:</b> 40 Min One Way

### **Tree Top Adventure at Skytop Lodge**

Experience the thrill of our four-hour Treetop Adventure Course, where excitement awaits with over 3,000 feet of exhilarating obstacles! Navigate elevated walkways connecting tree platforms, conquer rope-suspended logs, climb ladders, tackle a cargo net, and soar through the trees on sixteen thrilling zip lines. Towering fifty feet high, this course features more than thirty unique midair challenges.

You do not need peak fitness to join the fun—being active is enough! This adventure offers excellent value and excitement but may not be suitable for the faint of heart. However, fear not, as adjustments can be made for different activity levels. If you find any section daunting, move on to the next challenge.

With five distinct courses, each progressively more challenging, a new adventure is always waiting for you! Join us and elevate your adventure to new heights!

- \$83 Charge per person.
- Distance from camp: 40 MIN / 35 MI
- [YouTube Video 1 of the Course](#) / [YouTube Video 2 of the Course](#)

#### **Participant Requirements:**

- Participants must be able to reach a height of 5'11" with their hands raised while standing flat-footed.
- Waist size must be under forty-two inches, and thigh size must be under twenty-six inches.
- Any hair that reaches the shoulders must be tied back.
- Closed-toe shoes with back support are required; preferably, sneakers or sturdy walking shoes are recommended.
- Participants should dress appropriately for the current weather and will spend the entire day outdoors.
- This activity will proceed regardless of the weather, except in the event of thunder and lightning.
- All Treetop participants are required to sign a waiver.
- Bring
  - Gloves (Fingerless gloves for sale for \$3 from vendor)
  - Water bottle clipped to self.
  - Cameras only if attached to the body (not around the neck)
  - [Croakies](#) or [Chums](#) for any glasses

#### **Leaders Notes:**

- Your booking is scheduled for 10:00 a.m. You must arrive at least 30 minutes before your scheduled booking time, as failure to do so may result in the activity being unable to be completed. This occurred in 2015, and they shortened the experience, which upset many people.
- Good walking shoes or sneakers are highly recommended. Please refrain from wearing open-toe shoes, as the vendor prohibits footwear deemed inappropriate. Ensure that everyone in the vehicle wears suitable footwear.
- Consider bringing extra shoes or socks after the climb and leaving them in the car or van.
- Upon arrival, proceed directly to the adventure center to check in.
- Remind everyone to use the restroom before putting on their harnesses.
- Bring two liters of water in a bottle that can be attached to your hands-free, but do not wear it around your neck.

## Logistics:

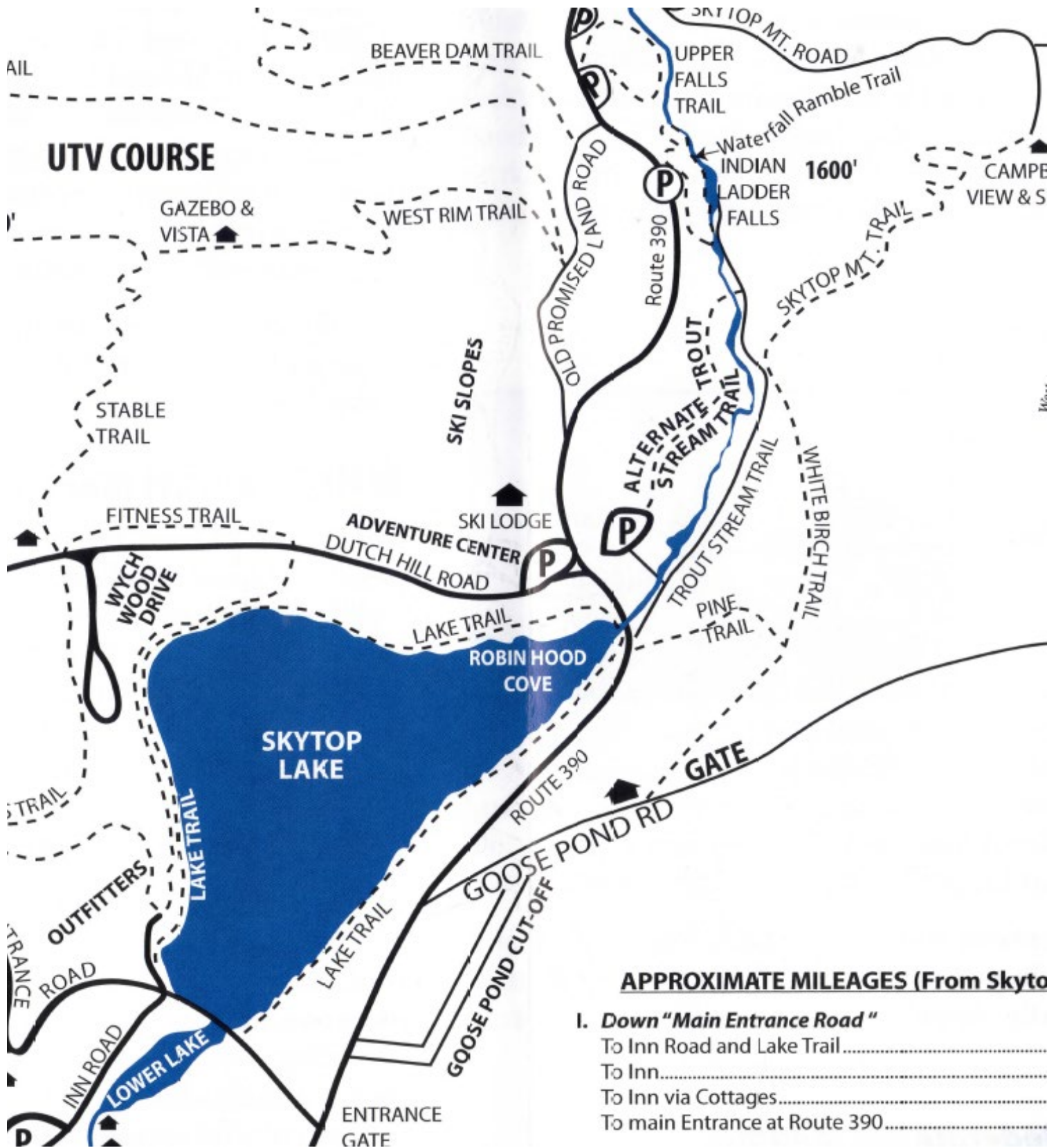
- 8:30 am - Depart Camp
- 8:30 am – 9:30 am - Travel from Camp Nah-Jee-Wah to Tree Top Adventure at Skytop Lodge
- 9:30 am – 10:00 am - Check-in at the Adventure Center at Skytop Lodge, followed by a restroom break.
- 10:00 am – 2:00 pm - Participate in the Treetop Adventure Course
- 2:00 – 3:00 pm - Enjoy lunch, take a restroom break, and explore the lake.
- 3:00 pm – 4:30 PM - Head back to camp, stopping at Shohola Falls and/or for ice cream.

## Some comments/pointers from Yelp

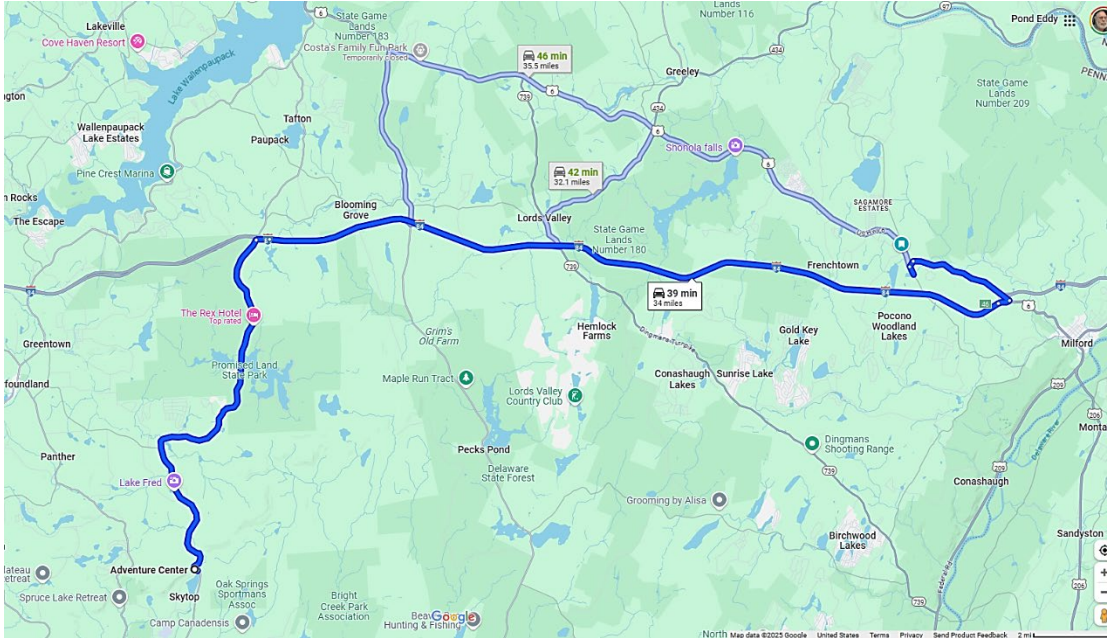
- Consider swapping cameras with someone to get photos of yourself on your device.
- Our guide was fantastic; he skillfully navigated the tightrope without holding on to it.
- There are several types of bridges.
- The difficulty level increases progressively. If you feel uncomfortable with a course, move on to the next one.
- A guide accompanies you from one course to the next. You must wait for the entire group to finish before moving on to the next course, which can become tiresome, especially if some members of your group feel intimidated.
- If the group takes too long, they miss the last course, which happened to us. We were looking forward to it as it was the most challenging course.
- Bring water and bug spray for a more enjoyable experience.
- The course features four skill levels with ropes, ladders, and zipline rewards! Like ski slopes, a Black Diamond challenge follows three increasingly difficult yet reasonable courses, which are significantly more complex. Some of us completed it but found it challenging. Everyone enjoyed the many zip lines! Safety precautions were emphasized, which was reassuring. Our only complaint was the additional fees for extras beyond the basic charge, including gloves, water, and koozies, all of which were necessary for the adventure. We believe that the one-use gloves should have been included in the price.
- Recommend this for active individuals. You do not need to be in top shape to participate, but you should be physically active. However, better fitness is required to complete the diamond course. I also suggest wearing sneakers or hiking boots, bringing a water bottle, and carrying a small backpack for your phone and keys. You can use the basket provided at the beginning to store your items, but this means you will not be able to take pictures. Additionally, you will want to leave your sunglasses, jewelry, and Fitbit (I lost mine) in the car. There were no bathroom breaks, but none were required, so it was not an issue.
- Warning: No first aid is available. Please bring your own or one supplied by Mosaic.
- They provided two large water coolers, but no cups were provided.
- The first course features numerous high ropes obstacles, approximately twenty feet off the ground, which quickly reveal if you are out of your depth. They also include a few zip lines.
- The last of the five courses is worthy of America's Ninja Warrior (almost!) and is entirely optional. My husband and I did it (we are athletic 40-somethings, but we do not work out) along with our daughter, who is in her twenties. We took a few breaks, but it was enjoyable and challenging. Am I sore two days later? You bet. Would I do it again? ABSOLUTELY!

## Vendor Info

- **USE FOR MAPPING: The Adventure Center at Skytop Lodge:** Corner of Route 390 and Dutch Hill Road, Sky Top, PA 18357
  - Owned by: **Skytop Lodge:** 1 Skytop Lodge Rd, Skytop, PA 18357 | (855) 345-7759 | [www.skytop.com](http://www.skytop.com)
- Use for mapping 1 Dutch Hill Rd, Canadensis, PA 18325 or 41.238569, -75.232049.
- <https://adventurecenter.rezdy.com/> for Adventure Center options | [advres@skytop.com](mailto:advres@skytop.com) | 570-595-8988



## Directions from Camp to Skytop Adventure Center



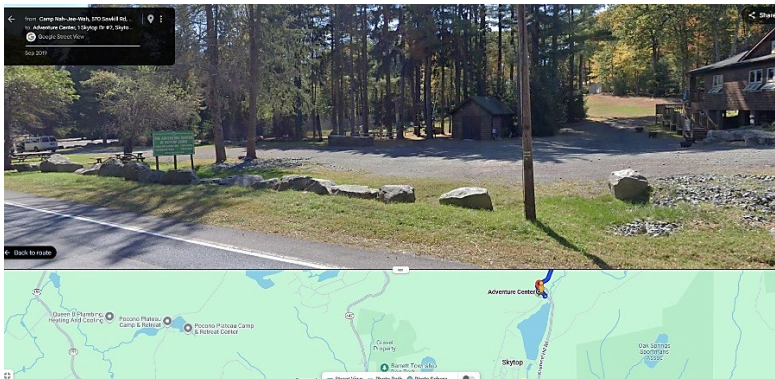
Driving directions from Camp Nah-Jee-Wah, 570 Sawkill Rd, Milford, PA 18337 to Adventure Center, 1 Skytop Dr #2, Skytop, PA 18357

39 min (34.1 miles) via I-84 and PA-390 S

**Start: Camp Nah-Jee-Wah:** 570 Sawkill Rd, Milford, PA 18337

1. ↶ Turn left out of camp, heading northwest on Sawkill Road toward Bridge Road. Go 0.2 mi.
2. ↷ Turn right onto Bridge Road. Go 0.2 mi.
3. ↷ Turn right onto US-6 E. Go 2.5 mi.
4. ⬆ Turn left to merge onto I-84. Go 19.5 mi.
5. ↷ Take Exit 26 from I-84. Go 0.3 mi.
6. ↶ Turn left onto PA-390 S. Go 11.1 mi.
7. ↷ Turn right onto Dutch Hill Road/T587. Go 43 ft.

**End: Adventure Center:** 1 Skytop Dr #2, Skytop, PA 18357



## **Shohola Falls Excursion**

On the return trip, consider taking a detour to see Shohola Falls. Depending on how long you spend enjoying the falls, this could add anywhere from 30 minutes to two hours to your travel time. You must return to camp by 4:30 p.m. at the latest. The eastern view of the falls requires a short but steep and rocky walk down to the falls. The trail may be muddy due to recent rainfall, and you may get wet from the spray of the falls during high water levels.

Shohola Falls is located along Route 6, 10 miles northwest of Milford, Pennsylvania, within State Game Lands 180. This 11,000-acre protected area is dominated by the Shohola Marsh Reservoir and its surrounding marshes. Shohola Creek flows into the lake and then out at the dam located at the lake's northeastern corner. Shohola Falls is located just below this dam, which has a minimal impact on the waterfall's flow, as it often cascades even during drier months.

This constant water flow cascades over Shohola Falls, an impressive waterfall seventy-five feet wide and fifty feet tall. It is incredibly powerful and beautiful. The sheer volume of water flowing over this waterfall, even when others in the area are low, is awe-inspiring.

Shohola Falls can be viewed from three sides, thanks to a 90-degree turn that the creek makes just below the base of the falls. The best views are from the ledge directly before the waterfall, offering a head-on perspective from about twenty feet above the water.

If you choose to step out onto this ledge, exercise extreme caution. In places, it is only a few feet wide and slopes slightly downward toward the water. The ledge is often wet with spray from the waterfall, making it quite slick in spots, especially during winter when it can become icy.

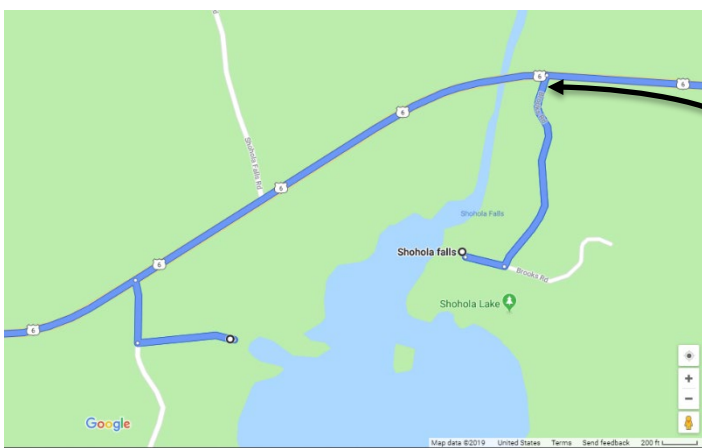
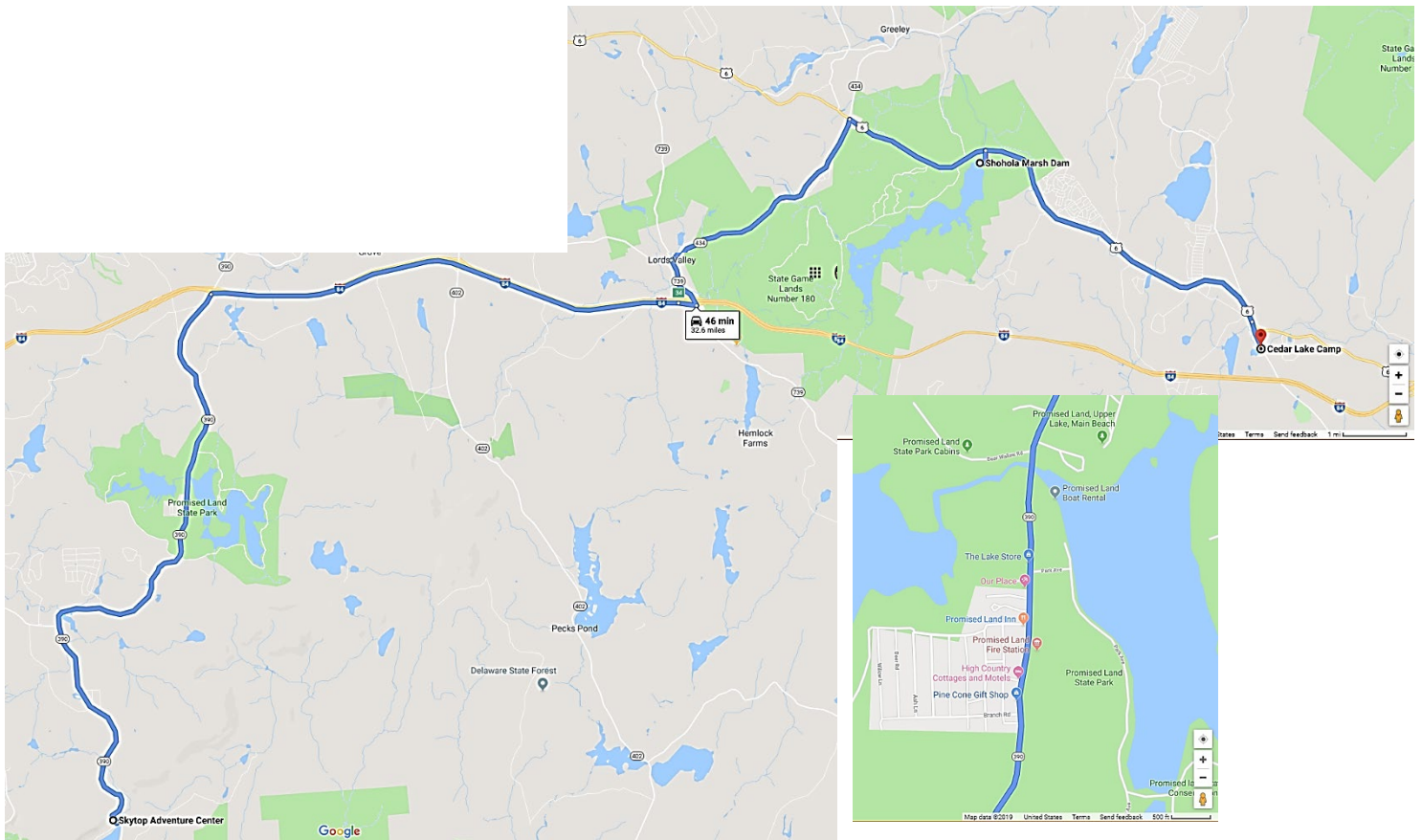
You can access the ledge from the eastern side of the waterfall. This area provides the quickest route to Shohola Falls and offers a view of a side waterfall that flows when water levels are higher on the main waterfall. The opposite side of the falls can be reached from a parking lot directly off Route 6. From there, it is a short walk across an open field to a trail that leads along the water to several stone observation points. While reaching the waterfall from this side takes longer, these viewing areas provide nice vantage points for those who prefer not to get too close to the water.

## **How to Get to Shohola Falls**

Shohola Falls is located along Route 6 in Pike County, Pennsylvania, just ten miles west of Milford. After following directions to Shohola Falls, PA, you will find two parking options for viewing this waterfall. The eastern side of the Falls can be accessed from a parking area located off Brooks Road, just after the bridge, when traveling east. Although this road may seem private, it provides access to the state gameland's parking area. The coordinates for this parking area are 41.390504, -74.969160. The directions below will help you reach this location. Follow the parking lot trail downstream for approximately one to two minutes. To reach the narrow ledge, continue past the large rock as the trail descends and ascends to the ledge. If you step out onto the ledge, please exercise extreme caution, especially when it is wet. Avoid venturing out if ice is present.

To access the western side of Shohola Falls, turn just before the bridge over the creek (if you are heading east) and park in the State Game Land's parking area directly to your left. Upon entering the parking area, please park in the far-left corner of the lot. The coordinates for this parking area are 41.391771, -74.971643. From there, walk toward the lake and the dam through the open field. Near the water's edge, you should find a trail leading into the forest and downstream. Soon, you will come to a stone wall and two observation areas.

## Directions from Skytop to Camp via Shohola Falls





**Driving directions from Adventure Center, 1 Skytop Dr #2, Skytop, PA 18357  
to Camp Nah-Jee-Wah, 570 Sawkill Rd, Milford, PA 18337 via Shohola Falls**

44 min (32.7 miles) via PA-390 N and I-84 E 44 min without traffic

**Start: Adventure Center** 1 Skytop Dr #2, Skytop, PA 18357 Get on I-84

1. ↑ Head northeast on Dutch Hill Rd/T587 toward PA-390 N
2. ↶ Turn left onto PA-390 N. Go 11.0 mi.
3. ↗ Merge onto I-84 E via the ramp to Milford. Go 7.7 mi.
4. ↘ Take Exit 34 for PA-739 toward Lords Valley/Dingmans Ferry. Go 0.3 mi.
5. ↗ Slight left onto the ramp to PA-739 N. Proceed 56 ft.
6. ↶ Turn left onto PA-739 N. Proceed 0.9 miles.
7. ↘ Turn right onto PA-434 N. Proceed 3.9 miles.
8. ↘ Turn right onto US-6 W. Go 2.4 miles.
9. ↘ Turn right onto Brooks Cabin Road. Go 0.2 mi.
10. ↶ **At the end of the road, turn right into the parking lot of the dam.**
11. **You will find the fall trail to your right, going down next to the dam.**

**Arrive at Shohola Falls**, Shohola, PA 18458

Leave **Shohola Falls to camp.**

12. ↑ Head east towards Brooks Cabin Road. Go 230 ft.
13. ↶ Turn left onto Brooks Cabin Road. Go 0.2 mi.
14. ↘ Turn right onto US-6 E. Go 5.5 miles.
15. ↘ Turn right onto Sawkill Road. Go 0.5 mi.
16. Turn right into camp.

**Arrival: Camp Nah-Jee-Wah**, 570 Sawkill Rd, Milford, PA 18337

## Emergency Services


### Call Skytop Hotel at 570-595-8999, then 911

The nearest level III trauma center for an urgent situation is the **Pocono Medical Center** **32** Min / 22 miles from Skytop  
 206 E Brown St, East Stroudsburg, PA 18301  
 (570) 421-4000 General Switchboard  
 Emergency Services (Mattioli Emergency Center) 570-476-3353

Pocono Medical Center (PMC) is located just off Route 80.  
 From Route 80, take Exit 308 (East Stroudsburg University Exit)  
 At the stop sign, turn right onto Prospect Street.  
 At the first light, turn right onto East Brown Street.



PMC is located on the left, at 206 East Brown Street. Main Visitor Parking is located on the right side of East Brown Street, across from PMC.

**A** Adventure Center of SkyTop is located at the Corner of Route 390 and Dutch Hill Road, Skytop, PA 18357

- 



1. Start out going **southeast** on **PA-390 / Krummel Hill Rd** (Route 390) south toward **W Shore Dr.** **3.5 Mi / 3.5 Mi Total**  
 and the Hotel

---

- 




2. Turn left onto PA-447/Creek Road. **9.8 Mi / 13.3 Mi Total**  
*PA-447 is just past Weiler Dr. If you are on Route 390 and reach Lowell Dr, you have gone about 0.2 miles too far*

---

- 



3. Turn **left** onto **PA-191 / PA-447**. Continue to follow **PA-447**. **4.7 Mi / 18.0 Mi Total**

---

- 



4. Turn left onto Independence Road (PA-447). **1.9 Mi / 19.9 Mi Total**  
*Independence Road is just past the Pools. Wendy's is on the corner. If you reach W 5th St, you have gone a little too far*

---

- 

5. Turn right onto E. **Brown St.** **1.4 Mi / 21.3 Mi Total**  
*E. Brown St. is 0.2 miles past Farm Lane. If you reach Seven Bridge Rd, you have gone a little too far*

---

- 

6. Arrive at **Pocono Medical Center. 206 E BROWN ST** is on the **right**.  
*Your destination is 0.4 miles past Smith St. If you reach Prospect St, you have gone a little too far*

**B** **Pocono Medical Center** 206 E Brown St, East Stroudsburg, PA 18301 (570) 426-1871



JOE 2025 Information Packet for **Tree Top Adventure at Skytop Lodge**

Map of directions from:  
Skytop Adventure Center to  
**Pocono Medical Center.**

